

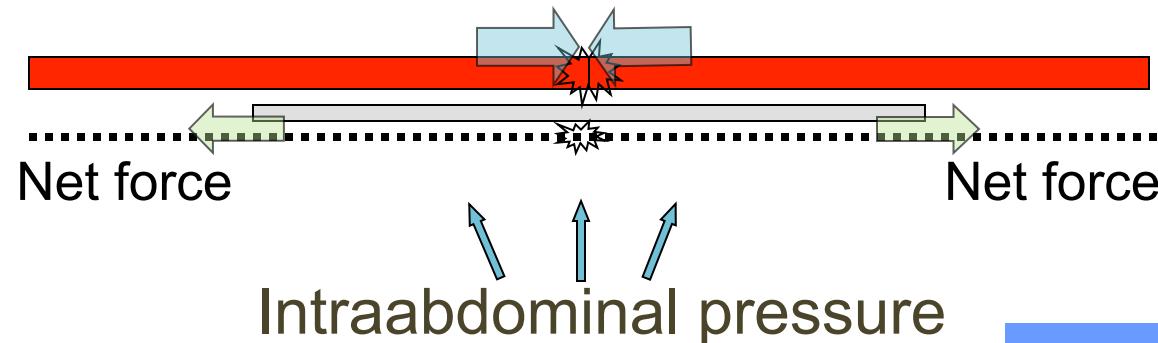
# **Hernie ventrale coelio sans fermeture du defect: facteurs prédictifs de récidive**

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CH Wapi - Tournai

# Le traitement des hernies ventrales par laparoscopie sans fermeture de l'orifice ≠ une réparation sans tension

Stoppa repair

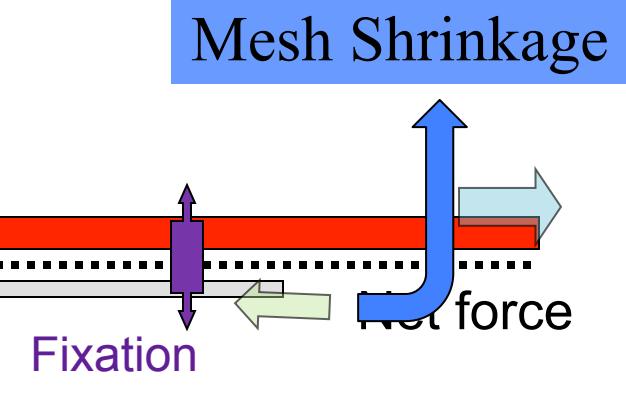


Laparoscopic  
Bridging repair

Mesh overlap

Mesh integration

Defect size



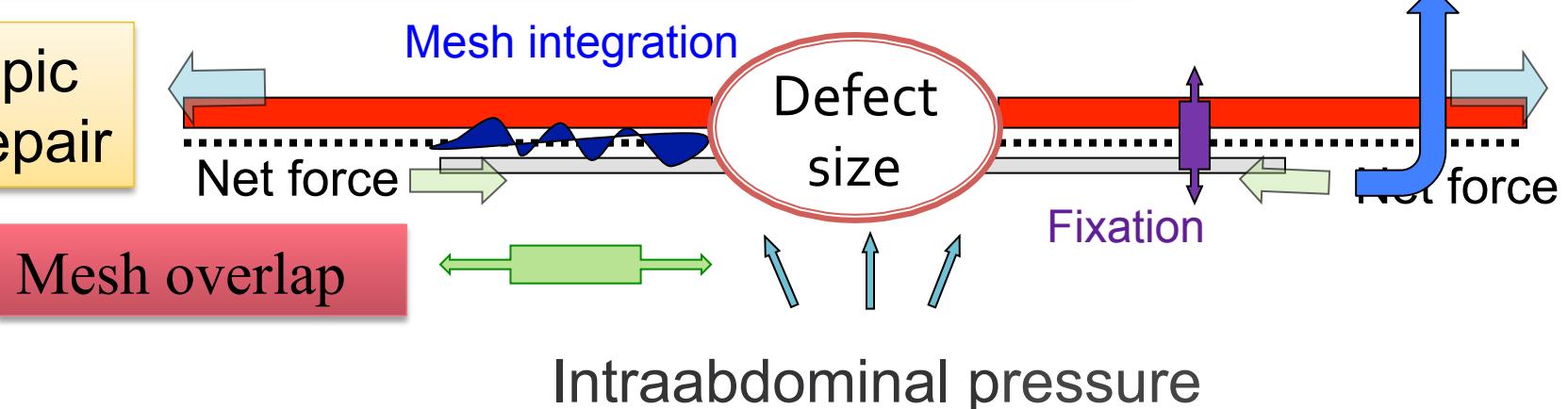
# Technique chirurgicale: le chirurgien peut modifier le mode de fixation et l'overlap de la prothèse

Les paramètres que le chirurgien peut contrôler sont :

- ✧ « Le choix de la prothèse »
- ✧ le type de fixation
- ✧ Le chevauchement de la prothèse

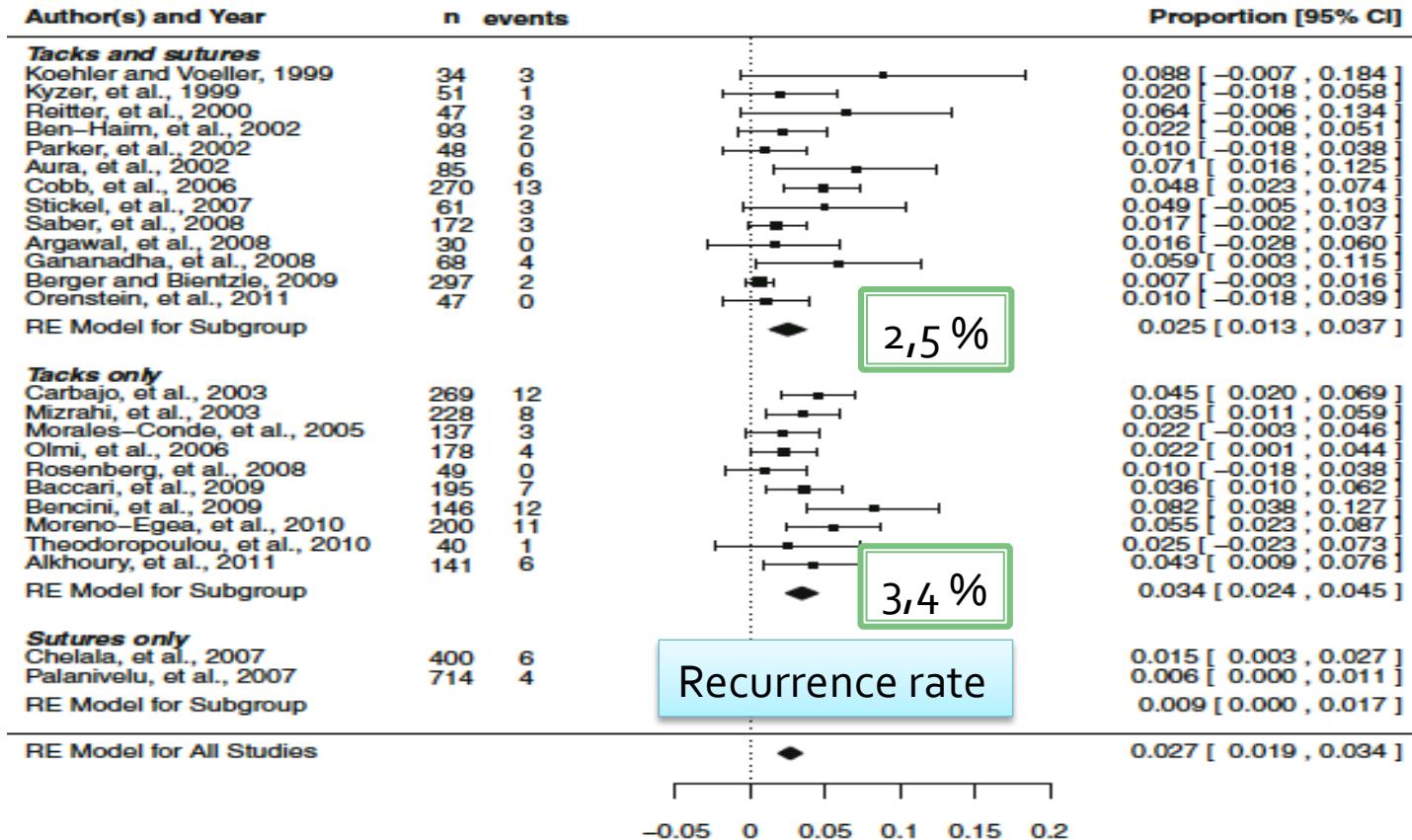
Mesh Shrinkage

Laparoscopic  
Bridging repair



- ✧ La fermeture ou pas du défaut <> autre débat !

# Influence du type de fixation (tacks seuls vs. tacks & sutures trans-fasciales) sur la récidive



SYSTEMATIC REVIEWS AND META-ANALYSES

**Laparoscopic ventral hernia repair: is there an optimal mesh fixation technique? A systematic review**

Emmeline Reynvoet - Ellen Deschepere - Xavier Rogiers -  
Roberto Troisi - Frederik Berrevoet

# Plus le chevauchement est grand, moins élevé est le taux de récidive

Table 1 Pooled estimation of risk of hernia recurrence based on hernia size and amount of mesh overlap used for ventral hernia repair

Defect size (cm)	Mesh overlap (cm)					
	<3		3–5		>5	
	Number of studies	Pooled estimation of recurrence (%)	Number of studies	Pooled estimation of recurrence (%)	Number of studies	Pooled estimation of recurrence (%)
Small (<4)	2	6.23	2	2.99	0	Insufficient data
Medium (4–10)	1	7.84	28	6.48	5	2.93
Large (>10)	2	7.42	32	4.98	2	2.36

Recommandation: le chevauchement de la prothèse  $\geq 5$  cm

REVIEW

Proper mesh overlap is a key determinant in hernia recurrence following laparoscopic ventral and incisional hernia repair

K. LeBlanc<sup>2</sup>

**Ce chiffre de 5 cm est empirique  
et n'est pas basé sur des données biomécaniques**

Surg Laparosc Endosc Percutan Tech. 1999 Apr;9(2):106-9.

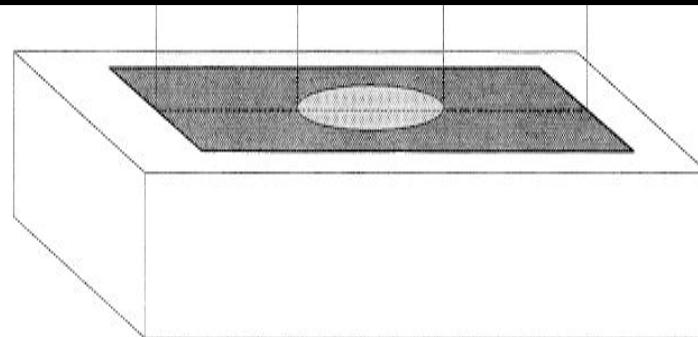
**Static calculations for mesh fixation by intraabdominal pressure in laparoscopic extraperitoneal herniorrhaphy.**

Hollinsky C, Hollinsky KH.

Surgical Department, Kaiserin Elisabeth Hospital, Vienna, Austria.

**STATIC MATHEMATICAL MODEL**

Mesh diameter should be  
3 times the hernia diameter



Original article

**Biomechanical abdominal wall model applied to hernia repair**

**M. Lyons<sup>1</sup>, H. Mohan<sup>2</sup>, D. C. Winter<sup>2,3</sup> and C. K. Simms<sup>1</sup>**

**INVITRO MODEL**

Mesh diameter = 2x defect diameter + 2.5 cm

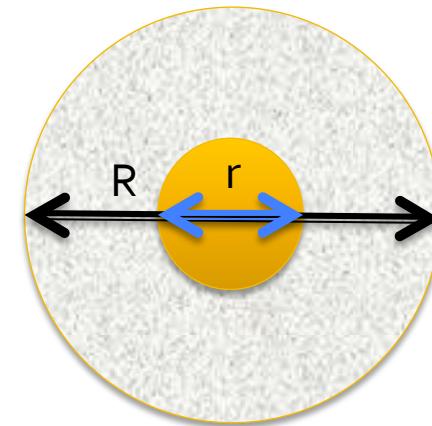
# Un chevauchement de 5 cm sans tenir compte de la taille de l'orifice est illogique !

- According to the law of Laplace, the surface of the “donut” must be greater than the surface of the defect

TRAITEMENT CŒLIOSCOPIQUE DES ÉVENTRATIONS  
PAR GRANDES PROTHÈSES INTRA-ABDOMINALES  
DES EXIGENCES PARTICULIÈREMENT RIGOUREUSES.

E. Estour

Resistance forces/ Displacing forces  
= Donut aerea / Defect aerea  
=  $(\pi R^2 - \pi r^2) / \pi r^2$   
=  $\pi R^2 / \pi r^2 - \pi r^2 / \pi r^2$   
=  $\pi R^2 / \pi r^2 - 1 \rightarrow M/D ratio !$



- The ratio between mesh surface/ defect surface is a parameter that should be predictive of the risk of mesh expulsion
  - What should be the minimum M/D ratio to prevent mesh expulsion ??

# Protocole: étude rétrospective de cohorte - une base de données enregistrées prospectivement

- Major outcomes of the study
  - Long-term recurrence rate
  - Predictive factors of recurrence assessment
- Uni- and multivariate statistical analyses were performed using the following variables:
  - age, gender, ASA score, BMI, type of hernia, risk or comorbidity factors, location of the hernia, width of the defect, surface of the defect, mesh overlapping, type of mesh fixation
  - **the ratio between mesh and defect surfaces (M/D ratio)**
- Clinical outcome was assessed by a combination of office consultation, case notes review and telephone interview

# Study design: a retrospective cohort study based on a prospective maintained database

## INCLUSION CRITERIA

- Elective laparoscopic repair of ventral hernia between 2002 & 2014 (n=213)
- Primary or incisional hernias
- Midline or lateral hernias
- IPOM mesh repair without closure of the fascia defect
- A single mesh: Parietex® composite
- Overlapping of at least 3 cm

## EXCLUSION CRITERIA

- Pregnancy
- Emergency operation
- Supra-pubic hernia
- Incarcerated hernia
- ASA score > 3
- Cirrhosis with ascites
- Prior ventral hernia repair with mesh

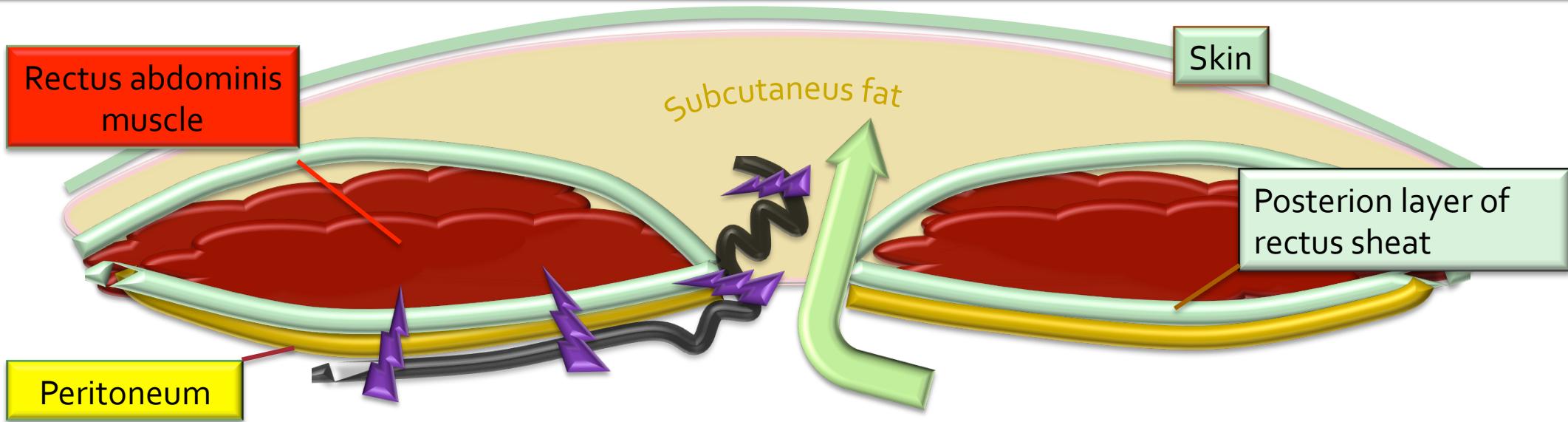
# Charactéristiques des patients

	Primary hernia (n=158)			Incisional hernia (n=55)			P value		
Hernia location	Midline	Umbilical	130	Midline	41		N.A.		
		Epigastric	19						
		Umbilical & epigastric	5						
	Lateral	Spigelian	4	Lateral	14				
Stage according to the EHS classification	I	Width < 2 cm	10	I	Width < 4 cm		N.A		
	II	Width ≥ 2-4 cm	128	II	Width ≥ 4-10 cm				
	III	Width ≥ 4 cm	20	III	Width ≥ 10 cm				
Width of the defect (cm)	Mean ± SD: 2,3 ± 0,8 Median: 2			Mean ± SD: 3,8 ± 1,8 Median: 3,5			0,001		
Surface of the defect (cm <sup>2</sup> )	Mean ± SD: 5 ± 4 Median: 3			Mean ± SD: 23 ± 20 Median: 16			0,001		

# Résultats

- With a mean follow-up of  $63 \pm 47$  months
  - Median: 60 / range: 6-168
- Recurrent hernia was noted in 16 patients (7,5%)
  - Those hernias were diagnosed with
    - A mean delay of  $19 \pm 13$  months
    - A median delay of 16 months (range: 4-40) after initial surgery
      - Recurrence within the first post-operative year: 7 (44 %)
      - Recurrence within the two post-operative years: 11 (69 %)
    - Twelve patients with symptomatic hernias were re-operated
      - 2 by laparoscopy
      - 10 by open approach.

# Méchanisme des récidives en cas de laparoscopie sans fermeture du défaut



**DISLOCATION OF THE TACKS, RUPTURE OF THE MESH FROM THE TISSUE, MIGRATION AND SHRINKING OF THE MESH INTO THE FORMER DEFECT.**

# Facteurs prédictifs de récidive: analyse statistique univariée

Variable	Percentage of recurrence		P value
Hernia type	Primary	5,1 %	0,045
	Incisional	<b>14,5 %</b>	
Body Mass Index	26-30	3,5 %	0,002
	> 35	<b>20,5 %</b>	
Width of the defect (cm)	≤ 2	0,7 %	0,001
	> 4	<b>26,9 %</b>	
Surface of the defect (cm <sup>2</sup> )	< 10	1,9 %	0,001
	> 20	<b>27,3 %</b>	
Mesh overlapping (cm)	< 5	<b>32,2 %</b>	0,001
	≥ 5	3,4 %	
M/D ratio	≤ 8	70 %	0,001
	9-12	35,3%	
	13-16	9,4%	
	≥ 17	0 %	

# Facteurs prédictifs de récidive: analyse statistique multivariée

Variable	Coefficient	OR	95 % CI	P value
Hernia type	-1,779	0,165	0,012 - 2,172	0,171
Body Mass Index	0,045	1,047	0,916 - 1,196	0,503
Width of the defect	-0,069	0,933	0,275 - 3,165	0,912
Surface of the defect	-0,022	0,978	0,890 - 1,075	0,644
Mesh overlapping	-1,160	0,253	0,052 - 1,216	0,086
M/D ratio	-0,773	0,461	0,277 - 0,767	0,003

# Effet cumulé du chevauchement et du M/D ratio sur le taux de récidive

		<u>Mesh/Defect surfaces ratio</u>			
		$\leq 12$		$> 12$	
<u>Overlap</u>		Recurrence	%	Recurrence	%
	< 5 cm	9/9	RR : 100 %	1/22	RR : 5 %
	$\geq 5$ cm	4/19	RR : 21 %	2/163	RR : 1 %

# Quelques exemples cliniques

Defect		Mesh		Overlap (cm)	M/D ratio	Expected Recurrence Rate
Diameter (cm)	Surface (cm <sup>2</sup> )	Diameter (cm)	Surface (cm <sup>2</sup> )			
3	7	15	176	6	25	0 - 1 %
4	13	15	176	5,5	13	1 - 9 %
5	19	15	176	5	9	21 - 33 %
5	19	20	314	7,5	17	0 - 1 %
6	28	20	314	7	13	1 - 9 %
7	38	20	314	6,5	9	21 - 33 %
7	38	25	490	9	13	1 - 9 %
8	50	25	490	8,5	10	21 - 33 %

# Conclusions

- LVH repair with bridging technique remains an interesting technique
  - Less mesh infection / shorter hospital stay
- LVH repair with bridging technique has limitations
  - The risk of recurrence is very high in patients with “large” defects
- The M/D ratio is the most important predictive factor
  - If a mesh large enough to get a M/D ratio > 12 cannot be positioned, the risk of recurrence is 48 %
    - An other type of surgical repair should be proposed to the patient
- Take home message
  - Considering that it is often impossible to place a mesh larger than 20 cm, the technique should not be used for defect larger > 6 cm