

The Malmö abdominal flap technique for large ventral hernias

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Purpose

- Minimize trauma
- Minimize risk for complications



tobber.









Ventral Hernia Surgery











What to avoid?

- Avoid intrabdominal mesh
- No mesh subcutanousley
- Minimize tissue dissection / trauma
- Be sure to cover the mesh with fascia
- Re-positioning of the rectal muscles
- Use homologous tissue as fare as possible
- Put the mesh in the "safest place"



Component separation

- Large subcutaneous dissection trauma unless performed endoscopically
- Segmental nerves at risk by dissection (TAR)
- Creating a new week area
- Not sure it will be enough to cover the mesh
- Difficult to teach for endoscopic use
- Time consuming



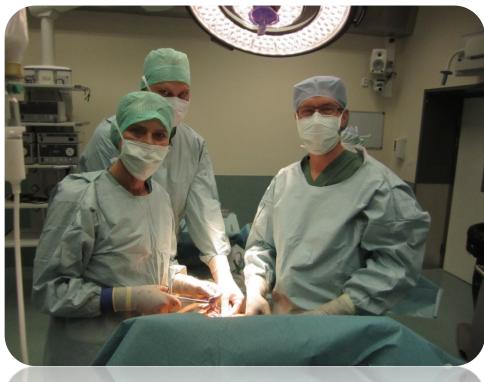
Our indications

All midline incisional hernias including contaminated patients



"Malmö-flap"

Modified Peritoneal Flap hernioplasty







Hernia (2014) 18:39–45 DOI 10.1007/s10029-013-1086-7

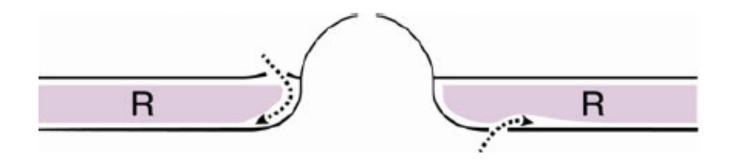
ORIGINAL ARTICLE

The peritoneal flap hernioplasty for repair of large ventral and incisional hernias

A. Malik · A. D. H. Macdonald · A. C. de Beaux · B. R. Tulloh

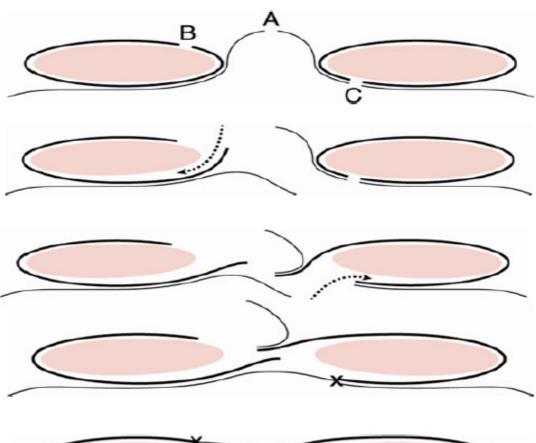


Peritoneal Flap hernioplasty





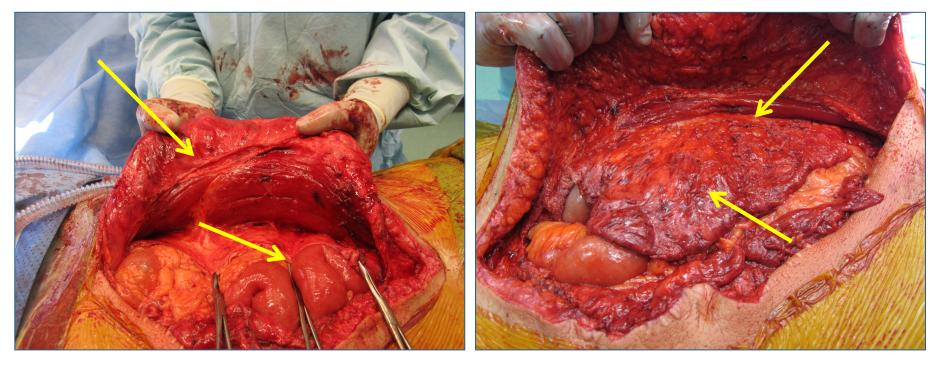
Peritoneal Flap hernioplasty





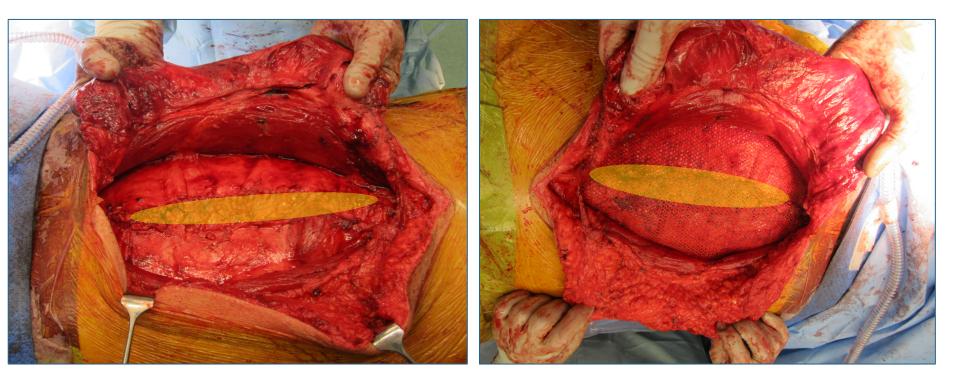
Incision of the posterior rectal fascia on the right side

Incision of the anterior rectal fascia on the left side

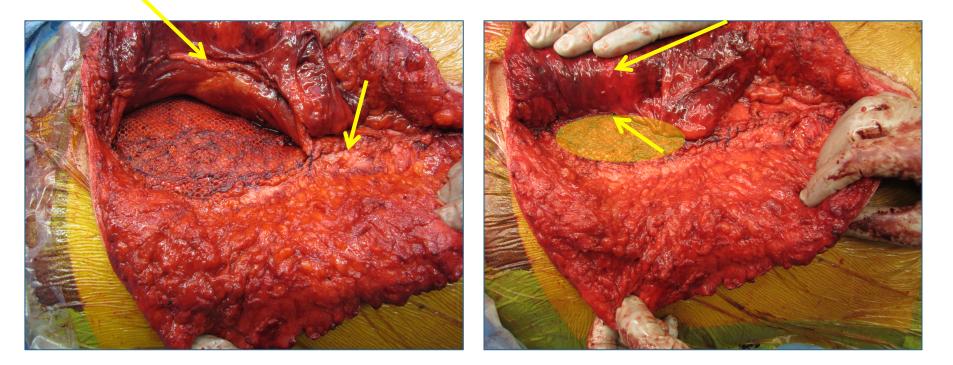




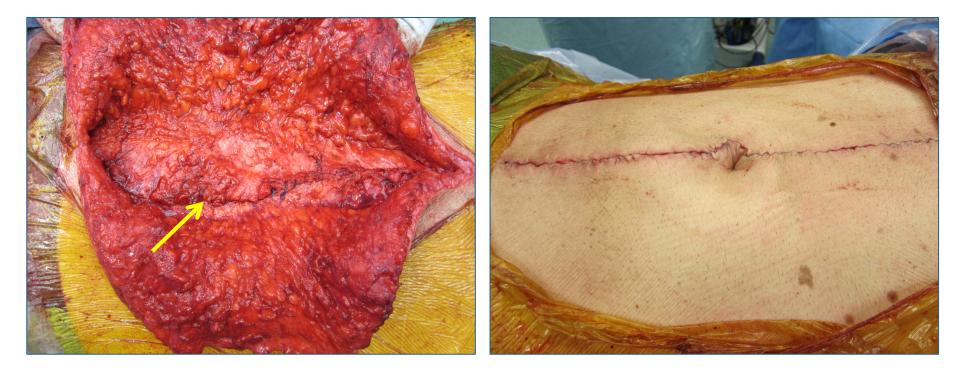
Posterior wall closure















Our standard mesh

PVDF polyvinylidenfluorid

DynaMesh[®]-CICAT

- Monofil
- Large pore size
- Reinforsement stability







- Minimum tissue response
- Improved biostability
- Lowered bending stifness



Privena - Vaccum bandage





Preliminary results

Patrik Petersson research student

42 %

- 2011 2014
- 131 patients:
 - 60 Malmö flap 71 Stoppa uncovered mesh
- Median age
 61 years
- Previous infection
- VHWG classification
- Hernia width

50% Grade II-IV

8.5cm (IQR 7.0)



Preliminary results

ſ	Malmö flap	Controls	
	N=60	<i>N</i> = 71	
 Operation time 	216 min	213 min	NS
• SSO	15 %	27 %	NS
Mesh inf	1.7 %	11.3 %	p= 0.040
 Prolonged wound healing 	13.6 %	32.4 %	p= 0.012
 Follow up median 	2 years	3 years	
 Recurrence (clin exam) 	0 %	4.8 %	NS



Conclusions Malmö flap technique

- standardized technique
- can be used in all midline defects sizes
- minimizes tissue trauma
- the mesh is covered by the patients own "biologic" tissue
- a synthetic mesh can safely be used in contaminated situations
- easy to learn
- saves costs for expensive wound care and visits to healthcare