

# The Malmö abdominal flap technique for large ventral hernias

Agneta Montgomery Department of Surgery Malmö, Sweden



#### Purpose

- Minimize trauma
- Minimize risk for complications



tobber.









## Ventral Hernia Surgery











#### What to avoid?

- Avoid intrabdominal mesh
- No mesh subcutanousley
- Minimize tissue dissection / trauma
- Be sure to cover the mesh with fascia
- Re-positioning of the rectal muscles
- Use homologous tissue as fare as possible
- Put the mesh in the "safest place"



## **Component separation**

- Large subcutaneous dissection trauma unless performed endoscopically
- Segmental nerves at risk by dissection (TAR)
- Creating a new week area
- Not sure it will be enough to cover the mesh
- Difficult to teach for endoscopic use
- Time consuming



#### **Our indications**

# All midline incisional hernias including contaminated patients



#### "Malmö-flap"

#### Modified Peritoneal Flap hernioplasty







Hernia (2014) 18:39–45 DOI 10.1007/s10029-013-1086-7

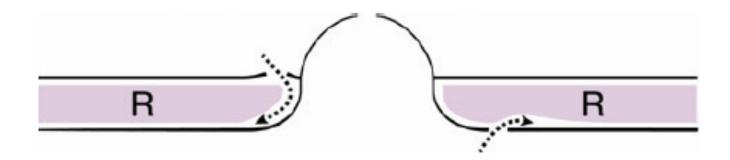
ORIGINAL ARTICLE

# The peritoneal flap hernioplasty for repair of large ventral and incisional hernias

A. Malik · A. D. H. Macdonald · A. C. de Beaux · B. R. Tulloh

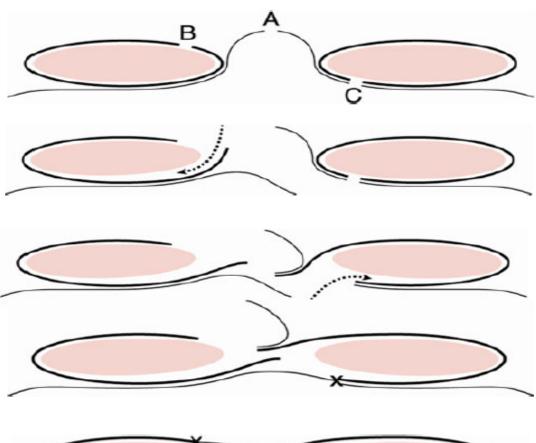


#### Peritoneal Flap hernioplasty





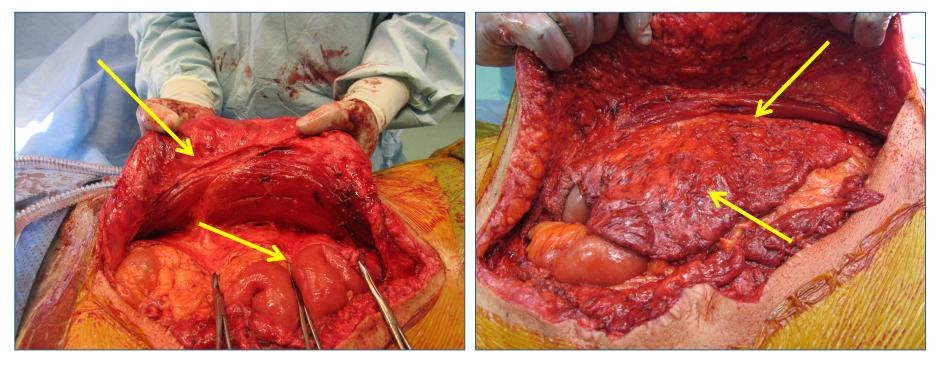
#### Peritoneal Flap hernioplasty





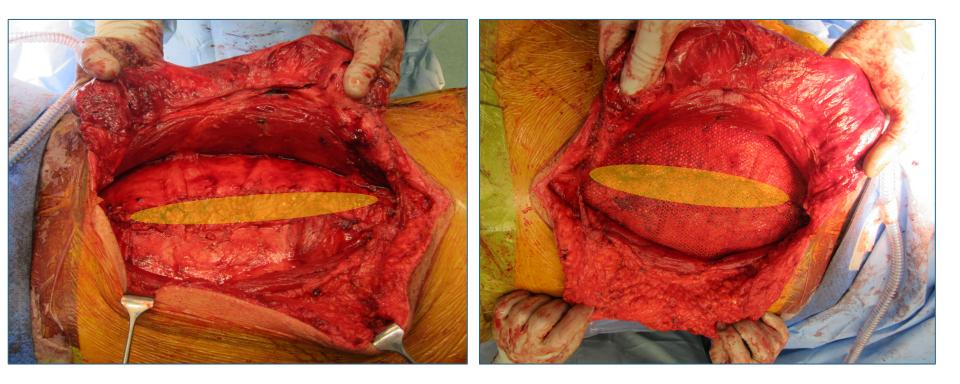
Incision of the posterior rectal fascia on the right side

Incision of the anterior rectal fascia on the left side

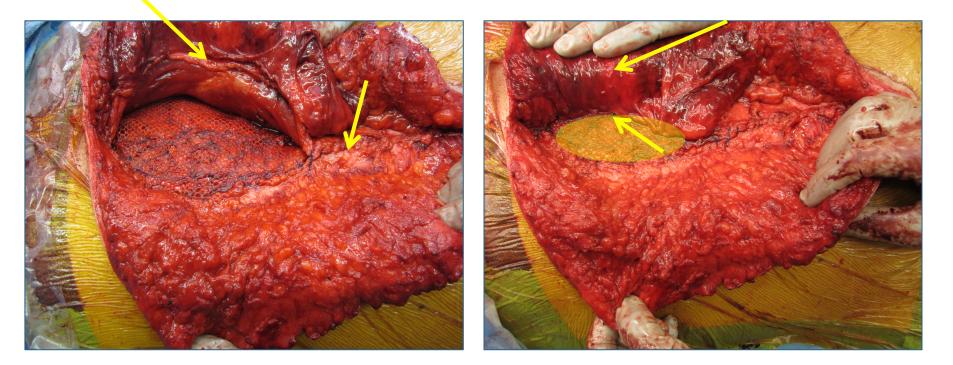




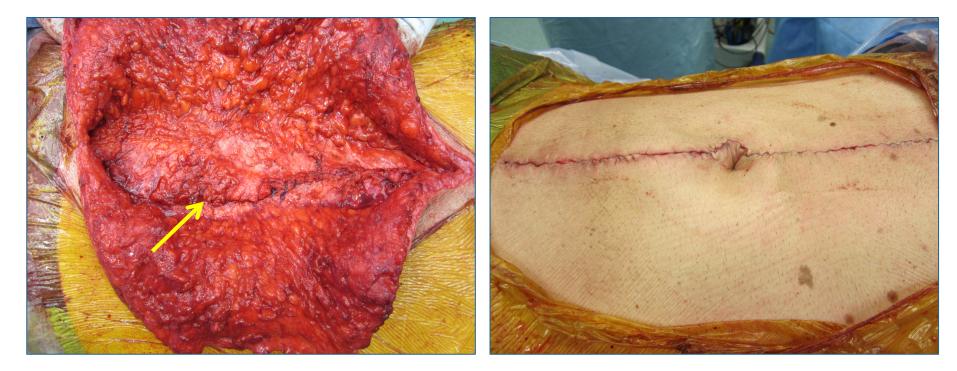
Posterior wall closure















## Our standard mesh

#### PVDF polyvinylidenfluorid

DynaMesh<sup>®</sup>-CICAT

- Monofil
- Large pore size
- Reinforsement stability







- Minimum tissue response
- Improved biostability
- Lowered bending stifness



#### Privena - Vaccum bandage





## **Preliminary results**

Patrik Petersson research student

42 %

- 2011 2014
- 131 patients:
  - 60 Malmö flap 71 Stoppa uncovered mesh
- Median age
   61 years
- Previous infection
- VHWG classification
- Hernia width

50% Grade II-IV

8.5cm (IQR 7.0)



#### **Preliminary results**

ſ	Malmö flap	Controls	
	N=60	<i>N</i> = 71	
<ul> <li>Operation time</li> </ul>	216 min	213 min	NS
• SSO	15 %	27 %	NS
Mesh inf	1.7 %	11.3 %	p= 0.040
<ul> <li>Prolonged wound healing</li> </ul>	13.6 %	32.4 %	p= 0.012
<ul> <li>Follow up median</li> </ul>	2 years	3 years	
<ul> <li>Recurrence (clin exam)</li> </ul>	0 %	4.8 %	NS



#### Conclusions Malmö flap technique

- standardized technique
- can be used in all midline defects sizes
- minimizes tissue trauma
- the mesh is covered by the patients own "biologic" tissue
- a synthetic mesh can safely be used in contaminated situations
- easy to learn
- saves costs for expensive wound care and visits to healthcare